

Surgery Newsletter

October 2023

Practice Training Dates 2023

Alyn Family Doctors will be closed for staff training as part of a compulsory Welsh Government programme on the following dates from 1.00pm –5.00pm.

16th November 2023

29th February 2024



Every month we release our GP infographics which can be viewed on our social media, in our reception areas and here on our newsletter. We hope you find these infographics insightful.

In the month of August we:

- **Answered 5,211 phone calls**
- **Issued 21,524 items via prescription**
- **3,339 patients had an appointment of which 3, 153 were seen face to face**
- **Made 1,373 referrals for further care**
- **Issued 198 fit notes**
- **Received 5,116 digital requests**
- **186 patients did not attend appointments**



NHS Wales App

Alyn Family Doctors is now connected to the NHS Wales App which will replace My Health Online.

The app allows you to access a range of NHS services such as

- Viewing a list of your medication
- Ordering your repeat prescriptions
- Your immunisation list
- Check and cancel appointments
- NHS 111 advice
- Organ and blood donation services

The 'NHS Wales App' is available online at

<https://app.nhs.wales/login>

and can also be downloaded on your smartphone or tablet via the Apple App Store or Google Play Store.

To access GP services online via the App you must have a fully verified NHS login, or valid photo ID to set one up, and be aged 16 or over.

For further information and help visit

<https://apphelp.nhs.wales/about-us/>

October is breast cancer awareness month. Breast cancer is the most common type of cancer in the UK. About 1 in 8 women are diagnosed with breast cancer during their lifetime. There's a good chance of recovery if it's detected in its early stages. For this reason, it's vital that women check their breasts regularly for any changes and always get any changes examined by their GP. In rare cases, men can also be diagnosed with breast cancer.

Breast screening looks for breast cancer before symptoms show. This involves taking mammograms, which are x-rays of the breast. Women living in Wales, aged from 50 up to 70 are invited for breast screening every 3 years. Women aged 70 and over will not be invited for screening, but can contact Breast Test Wales and ask for an appointment. It is important to attend your breast screening appointment.



Last month **186** appointments were not attended

Please help us reduce this waste by cancelling the appointments if you can not make it to surgery. You can cancel your appointment via Klinik, the NHS app or by calling the surgery.

Klinik community event

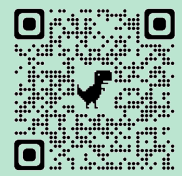
We would like to thank all patients who braved the rain to join us at the Klinik community event in September. It was a great success and we look forward to hosting more events in the future. All future event details will be shared here on our newsletter, on our social media and on local noticeboards.

Thank you for taking the time to read our monthly Newsletter. We hope you have found the information relevant and useful to you. If you have any feedback, please feel free to email our team at:

Generalenquiries@alynfamilydoctors.co.uk

For weekly news and updates follow us on Facebook

<https://www.facebook.com/alynfamilydoctors>



Useful contact details

Alyn Family Doctors– 0333 332 3260

Wrexham Maelor hospital– 01978 291 100

Llay Pharmacy– 01978 852 294

Gresford Pharmacy– 01978 852 336

Rossett Pharmacy— 01244 510 310

District Nurse– 0300 084 9990

Midwives– 01978 757 546

Health Visitor—03000 849 980

Cheshire Health Visitor 01244 382 111

Phlebotomy– 03000 850 003